

BOW VALLEY RESOURCE

Including Arrowwood, Milo, Queentown, Shoultice and Mossleigh

Volume 1, No. 48

ARROWWOOD, ALTA., JULY 14, 1982

Subscription \$2.00, U.S.A. \$3.50

Colorful Program Given by C. G. I. T. in United Church

With a pianist, a violinist and a choir of twenty girls, the entire camp of the C.G.I.T. presented an excellent program in the United Church, Sunday July 10th. Miss Ruth Northcott, the Great Brave of the Camp, conducted the service very capably. The choir, under the leadership of Miss Dyre, is to be especially commended for the excellence of its numbers.

The main feature was the address on the Creed of a "Canadian Girl in Training" by Katharine Jackson. Her address was exceedingly interesting, dealing with the Greek-Chorish Health, Sea Truth, Know God and Serve Others.

The recitations, duets and solos by the girls showed talent, *par excellence*, in these young girls.

All of the older folk of the congregation went out from that service feeling that they themselves had missed a great thing in their lives by not being able to attend a summer camp under efficient leaders, and that the work of a Canadian Girl in Training was fitting her for a prominent position in her future life. The service consisted of: Scripture Edg., Mary Cummer Prayer, Beverly McCumber Recitation "Thanks for the Beauty of the World,"

Isobel McBride Solo, "I Heard the Voice of Jesus Say," Jessie Miller Prayer, Mary Parker Talk on the C.G.I.T. Creed and Katharine Jackson Recitation, "Choosing the Path," Marion Coleman Duet, Ruby Collier, Ethel Campbell Violin Solo, Ruth Northcott Closing Prayer, Rev. W.C. Lyle. The pianist was Miss Ruth Peterson and the violinist, Miss Ruth Northcott.

Visitors' Day at the C.G.I.T. Camp

Sunday was a big day for the parents, brothers, sisters and friends of the girls in camp. Seeing the girls at work and play, listening to their service, interviewing the leaders, having tea in the big dining tent and watching a softball game made the afternoon brimful of pleasure.

Mrs. Mackie is to be congratulated in the way in which she kept the tea constantly fresh and saved the cake for the late-coming. The girls handed themselves into a group of singing troubadours and delighted all the visitors at tea time with their singing.

The visitors came from all the towns from which girls had come and for everyone it was like a gigantic picnic.

For the benefit of those who had not been able to attend the service in the United Church in the morning, the service in the afternoon was much the same as the one in the morning, and was also conducted by Ruth Northcott.

Summer Camp is a wonderful experience and all the girls have expressed their desire to return again next year.

C.G.I.T. Camp Closes With Candle Ceremony

A very impressive ceremony was presented by the girls of the C.G.I.T. camp on Tuesday evening, the last night of camp.

Braves of the Chinook Tribe, Kennebec Lodge, Echo Lodge, Woho-lo Tribe and the Swastika Tribe, grouped themselves around the camp-fire singing "Lead On, O King Eternal."

Sitting around the camp-fire the braves listened to an inspiring talk by the directress, Miss Hilton, who urged them to ever carry before them, as they went their separate ways into the outer world, the ideal of the true Canadian Girl in Training, dressed in the blue skirt and the white middie of the C.G.I.T. Then lighting her candle in the camp-fire, she lit the candle of the Big Chief, who lit the candles of the little chiefs who in turn lit the candle of the girl next to her, as a symbol of how much each girl influenced her neighbor. Shielding their candles with their blankets, they marched through the dim dark forest where in a secluded spot they hid the treasure for the 1933 camp.

The Chief of each tribe produced her stone on which were carved fancy designs, the name of the Chief and the initials of each girl in the tribe.

These stone symbols comprised the treasure. Slowly they came back to the camp-fire, one a heap of glowing embers. Holding their candles aloft they sang, "Day is Dying in the West" and the "C.G.I.T. Taps."

Each candle was then blown out and the ceremony was at an end. The Indian names of the Leaders and Little Chiefs of the camp were: Miss Hilton—Pochahantus, Miss Thomas—Ajdosha, Miss Pattison—Mimewahs, Mrs. Walker—Mimewahs, Miss Dyre—Owasia, Miss Fisher—Shawandese, Miss Irving—Mawadaha, Mrs. Love—Iskhodah, Mrs. Northcott—Nakomis, Mrs. Mackie—Wanda, Miss Big Brave—Ruth Northcott—Little axe.

Chief of the tribes Chinook Tribe—Beverly McCumber—Jennesee, Echo Lodge—Margaret Rich—Hachia, Woho-lo Tribe—Ruth Peterson—Ramona, Swastika Tribe—Ethyl Campbell—Yenedese, Kennebec Lodge—Mary Parker—Owasia.

Buffalo Hill News

Buffalo Hill School opens Sept. 6th.

Hirst Goldthorpe, son of Mrs. J. R. Goldthorpe under went an operation in the Vulcan hospital last week and is progressing nicely, expecting to leave the end of this week.

Miss F. L. Warden of Reid Hill, who taught at the Marshall school last year, has been engaged to teach at the Buffalo School next term. Miss Warden is quite an acquisition to the district in musical circles. Her class at Reid Hill was awarded first prize for two successive years for chorus singing at the School Fair.

Basketball

The local men's basketball team defeated Mossleigh team 33-12 last night.

Rural Telephone Lines Are Again Giving Service

Mrs. R. R. Saunders, Local Telephone Agent, is pleased to announce the return of rural line service. She also states that she appreciates the patient attitude of many subscribers and is hoping for conditions that will warrant the re-installation of cancelled telephones.

Those contemplating the installation of a phone are reminded that the special offer for installation at reduced cost expires on July 31st. After this date regular rates will prevail.

The following is a revised and complete list of rural subscribers.

- 105 Ingraham, B.W.
- 107 DeWitt, John M.
- 108 Lyle, W.C.
- 109 Richards, D.
- 110 Ward, M.H.
- 111 Canada Land & Irr. Co.
- 112 Jones, Louis
- 117 Steiner, Walter
- 118 Mitchell Judge C. R.
- 120 Ward, Walter
- 206 Culp C.F.
- 208 DeFoyter, A.
- 209 Leslie H. R.
- 211 Kelly, T. A.
- 212 McHugh Bros.
- 214 Barrett, L. W.
- 215 Barr, T. J.
- 218 Martin, J. K.
- 303 Pioneer Grain (Bose)
- 304 Seale Gr. (Abernethy)
- 308 McDonald, Gordon
- 308 U. G. G. (Powell)
- 312 Revelstoke—Sawmill Co.
- 314 Segal, C.
- 317 Journey, C.
- 320 Troy, A. J.
- 321 Rex Cafe
- 403 Irwin, L. H.
- 405 McIrvine, E. C.
- 406 Jones, Wm.
- 407 Brubaker, E. W.
- 408 Buffalo Hills Ranch.
- 412 Baker, Mrs. J.
- 415 Vancil, V. E.
- 417 Cochrane, W. E.
- 502 Williams, R.F.
- 504 Shoultice, Roy.
- 506 U. G. G. (Edwards M.)
- 507 Pioneer Gr. (Ridgell G.)
- 513 McBride, R. F.
- 513 Leadbeater, W. F.
- 515 Alta. Wheat Pool (McLae)
- 520 Vergin, L. L.
- 603 Thorsen Bros.
- 604 Burries, W. M.
- 611 Pinkerton Bros.

Standard Scouts in Camp

Sixteen Scouts and their two Scout Masters are encamped on the banks of the Bow River near the Canada Land and Irrigation Co. Barn.

They are all from Standard, arriving last Saturday and will remain here until next Saturday.

N. S. F. Cheques Now Jail Count

Writers of N.S.F. cheques may now face a charge of false pretences and a possible jail term on conviction, according to an amendment to the Criminal Code of Canada. The new regulations are now in effect and practically places the N.S.F. cheque in the same category as a "no account" cheque and means a possible jail term.

The Calgary Stampede opened on Monday, with an estimated attendance of 30,000.

Marquis Athletic Club Sports Day Friday July 16th

The Marquis Athletic Club will hold a sports day at the river on Friday, July 16th. A good program of track events, ball games, etc. has been arranged. E. J. Garland, member for Bow River Constituency, will be present and deliver an address. You are invited to be present. Bring your basket and be at the river by 10 a. m.

A dance will be held in the Canadian Irrigation barn in the evening.

Another Significant Move

Whether we are willing to follow the suggestions of Lambeth we must admit that the Anglican Bishops have given a definite lead to Protestants union among English speaking Christians. Some of us feel that the Conference of 30 made real advance over that of '20. And now Archbishop Lang of Canterbury has approached the Church of Scotland at her assembly with a definite invitation to enter negotiations. From the new outlook we give the following extracts from his address.

"There were many high spots in the Assembly. But Friday will live. The Archbishop of Canterbury had come bringing greetings to the Church of my fathers from the Church where I am called to serve." He spoke in such a manner, however, in the role of Head of the Church of England as in the role of President of the Lambeth Conference. He came to renew the invitation addressed to the Church of Scotland to enter into unrestricted conference. Archbishop Lang is now a venerable figure—I had not expected him to look so old—and he made a singularity impressive and tactful and moving address, at once gracious, statesmanlike and restrained. His closing words deeply stirred the Assembly: "I cannot regard myself—I hope you will not regard me—merely as a stranger. As a son and a grandson of the manse I belong to you. My brother, a member of your own Assembly, met me this morning and conducted me hither—the brother who has always been with you, always faithful to you, welcoming the prodigal. All the strong and tender associations of my childhood and brotherhood are bound up with the life and worship of the Church of Scotland. And this morning when I heard the Scottish psalm these associations surged up within my heart. Moderator, I seem to see in your chair the form of my own loved and honored father. I cannot help wondering whether his spirit may not now be here listening to his son, and perhaps helping him. How could the joy of those now living be the joy of the future? I imagine that he would ever be addressing the General Assembly of the Church of Scotland as the Archbishop of Canterbury? When I think on these things I can only bow my head and say the promise of destiny is rather, dare I say, before the ascertainable will of God, who leads His children along their varied ways. One purpose, at least, of that holy will would be made more clear to me if the

invitation which I bring to you were to prove at least a step towards a fuller union between the Church of my fathers and the Church wherein I am called to serve."

The Archbishop spoke of a vision of a Church genuinely catholic, loyal to all truth, gathering into its fellowship all who profess and call themselves Christians, within whose visible unity all the treasures of faith and order, bequeathed as a heritage from the past to the present, shall be possessed in common and made serviceable to the whole body of Christ. Within this unity great communions, now separated from one another, would retain much that is distinctive in their services and worship. It is through a rich diversity of service and devotion that the unity of the whole fellowship is to be fulfilled.

"May we not agree that one of the most visible unity will involve acceptance of the Holy Scriptures, of the great Catholic creeds, of the divinely appointed sacraments, and of a ministry acknowledged and accepted as possessing not only the inward call of the Spirit but the commission of Christ and the authority of the whole body? What the contents of that faith should be, what its source and character, what its freedom of interpretation, what that ministry should be—these are justly matters which mutual conference can examine and elucidate."

"Need we contemplate any amalgamation of Churches under one identical government? There is no reason why they should not remain autonomous in their respective areas. There is no such value in mere identity of government as would make it worth while to face the difficulties of history; of law, of character and of sentiment. My own hope is simply this. . . . that they can come into full communion with each other, retaining their own autonomy, that is to say, an unrestricted intercommunion among their members and an unrestricted fellowship of their ministers."

"I regard this conference as an adventure of faith, who can tell where we may not be led by God's own time and way to some closer union? In faith and in hope let us go forward."

UNUS SOLUS

Teeth and Health

Good teeth are not only useful and ornamental, but what is of more importance is the fact that they make for good health. It would seem therefore that everyone would want to have sound, healthy teeth.

Good teeth are the product of good building materials. You cannot have good teeth if you do not take into your body with your food the substances required in the construction of strong sound teeth. From before birth, on through the years of growth, during which time the teeth are being built up, the diet of the mother and child must contain along with other food essentials the minerals required to make good bones and teeth.

These minerals are available in milk, fresh vegetables, fruits and whole grain cereals. Unless these foods are used in sufficient quantity by the expectant and nursing mother, and by the child during his

(Continued on page 4)

Grasshoppers Should be Watched Very Carefully

Grasshoppers are doing considerable damage to late crops in the Queentown, and Milo districts and farmers are putting out poison to combat this new menace to the crop. Several farmers in the Arrowwood district have reported hoppers in large numbers, although so far, they have done very little damage, only late crops showing a slight damage. However little the damage done to date, the farmers would be well advised to start poisoning them wherever they appear in any numbers.

Marquis M. D. is operating a mixing station at Milo where anyone can secure the poison mixture free of charge. As a matter of prevention every effort should be made to keep this pest under control, for if nothing is done this year there is a possibility of the country being overrun with them next year, causing extensive damage to the crops and considerable expense to the municipal ratepayers. One dollar worth of poison this year will do more towards keeping the hoppers under control than ten dollars next year. Check up on your fence rows and if you find hoppers in evidence get after them at once.

Highest Marks in Alberta

"The many friends of Miss Elizabeth Johnston in Vulcan and district will be pleased to learn that she passed the examinations for teachers L.A.B. in music last week. Last year she passed her L.A.B. in harmony with the highest marks in Alberta and to her congratulations are due for the success attained. Miss Johnston spent her school days in Vulcan and is at the present time a resident of Calgary."—Vulcan Advocate

She received her first music lessons from Mrs. J. V. Henderson south of Arrowwood, who taught her for two and a half years.

Arrowwood Market Prices

Wheat	
1 Northern	32 1/2
2 Northern	29 1/2
3 Northern	27
Oats	
2 C.W.	18
3 C.W.	16
4 C.W.	15
Flax	
1 H. W.	40

Butter and Eggs	
Butter, per lb.	9
Eggs, per dozen	11

Calgary Quotations on Livestock

Steers—	
Medium and choice	\$4.00 - \$4.25
Medium	\$3.50 - 3.75
Common	2.50 - 3.25
Heifers—	
Good and choice	3.50 - 4.00
Common	2.50 - 3.00
Cows—	
Good	2.00 - 2.25
Common	1.25 - 1.50
Lambs—	
Good handy wgt.	4.50
Sheep—	
Good handy wgt.	2.00 - 3.00
Hogs—	
Select bacon	4.40
Bacon	3.90
Butchers	3.40

The 40th Anniversary of "SARATOGA" EN

Finest quality for 40 years has built the largest sales in North America.

Ourselves.

Brace Barton, the well known author and magazine writer, has proposed the toast: "To the only folks who can make us or break us—To Ourselves." And he quotes the saying of Carlyle: "The world's being saved will not save us; nor the world's being lost destroy us. We should look to ourselves."

The truth of these statements, differently worded but meaning exactly the same thing, cannot be gainsaid. The biggest factor in the world now, as always, is the individual. He is actually down and out, defeated, unless and until he himself admits defeat. Furthermore, more people are destroyed by prosperity than by adversity: more people fall to grasp and enjoy the realities of life when the gods are showering them with riches or other gifts than when they are faced with difficulties and confronted with seemingly unsolvable problems.

It is then people begin to call upon latent powers they possess. William James, in his essay on "Vital Reserves," pointed out that underneath our daily store of strength and courage, all of us have reserves that are tapped only by emergency. We are all alive, under the test, to surprise ourselves with an unanticipated capacity to be and do more.

It is that capacity which is the key to our future. It is our hope in the present and for the future. It is ours to employ now.

The writer is acquainted with a man resident in one of our prairie cities who lost his position over a year ago. He has a bed-ridden wife not only to support but to care for. He is a bigger, better man than ever before. His position received only a small salary. Did he despair? Had he called upon the Government to put him "on relief"? Not a bit of it! He called upon his own reserves of strength. Although he had no experience, he got a job painting a garage. This led to other small painting jobs. Then at Christmas time he got work soliciting orders on a commission basis. When spring came he hunted up garden work to do. Thus he kept going. He is seldom idle because he is willing to take on any kind of a job, no matter how humble. And when you meet him he always has a new job to tell. He goes whistling on his way, scornful to accept Government or municipal relief, always looking forward to better days that must inevitably come, and in the meantime keeping his head well above water. This is a bigger, better man than ever before. He maintained his self-respect and kept his courage, and, in the days to come, will command a better position than any he might have secured had "hard times" not descended upon him.

This is a very simple illustration of a very ordinary individual. Nevertheless he has and is displaying the spirit of a hero. Yet he possesses nothing that each and every person has not got, namely, a reserve of strength, of courage, of determination, to call upon in times of emergency. But the important thing is—he called those reserves into action. Too many of us fail to do this. We hesitate, we drift, we refuse to use the powers lying latent in us with which we have been endowed. In a word, we have no faith in ourselves, and without that faith anything that others may do for us will fall far short. Such people will come out of the present time of difficulty weaker and less well equipped to take advantage of the opportunities which the future will offer to us.

Let us put ourselves to the test. We have been buffeted about; we may be gasping, but if we are strong of heart and keep on we will get our "second wind." A race is never lost until it is over; we always have a chance to win until the tape at the finishing line is definitely broken. Our success or failure depends, not on the other fellow, but on ourselves.

Fast Ocean Travel

Canada Now Only Week-End Journey From England

Canada is now only a "week-end's journey from England," thanks to the record-breaking crossings of the Atlantic by the C.P.'s "Empress of Britain," says Viscount Rothermere, famous British newspaper magnate. Viscount Rothermere declares that the interval between the time the "Empress of Britain" named Bishop Rock Lightships, off the Scilly Islands, and the time she reached the entrance to the Strait of Belle Isle, was only 73 hours and 50 minutes.

"The passage of the north Atlantic was made with only two nights spent out of sight of land," declared Viscount Rothermere's message, "after which the rest of the journey has been through smooth land-locked waters."

An Impending Monument

Prince Of Wales Will Dedicate War Memorial In France

One of the most imposing war memorials on French soil is that which is to be dedicated by the Prince of Wales at Thérouanne, on the Somme, next March. This monument, which is nearing completion, will be composed of triangular arches 140 feet high, and only five feet less in breadth. On the pillars will appear the engraved names of 73,367 British officers. W.C.O.'s men.

The average annual income of physicians in the United States, as announced by an American Medical Association survey, is \$9,674.

All Her Children Were Troubled With Diarrhoea

Mr. J. J. Burt, R.R. 1, Eadsburg, B.C., writes: "Last summer all my children were troubled with diarrhoea, and were so bad I did not know what to do. A friend told me to give them Dr. Fowler's Extract of Wild Strawberry, so I got a bottle, and after a couple of doses you should have seen the change. The children were well again, and I am very thankful to your wonderful remedy. I find it the only one that relieves so easily and quickly."

Established For Centuries

History Of Many English Business Firms Is Interesting

Among the historic business firms of England is one which claims existence when the flames demolished London. This is Hedges and Butler, whose merchants, whose original lease forbade the shooting of snipe in that thoroughfare and who numbered Pitt, the Duke of Wellington, W. E. Gladstone, and Lord Beaconsfield among their customers. Yet it is G. W. Scott and Sons Limited, who made hogs for the dresses of the fashionable ladies in the days of Queen Anne and wicker frames for the bearskins of the Guards at Waterloo. Founded in 1580, Birch and Co. have since provided all the banquets for the City Corporation, and for 250 years have fed every crowned head and important man in Europe. The business remains famous for turtle soup and punch made from aged wine, and the fine window of their original shop now reposes in the London Museum. Also founded in 1580, Greenacre, Chanter and Co., were the first stationers to the Bank of England. Green Anns, a famous gourmet, liked the relishes made by Cross and Blackwell, until the Duke of Naples' camp, Quillotti, entered and invented the pickle. Piccalilli. In 1783, it is interesting to note that the tea duty in England was first reimposed. Mr. Richard Twining, of R. Twining and Co., the tea merchants, was called in by Pitt to secure the removal of the tea duty. A step which was taken in 1783, and twenty-two years ago the Sun Insurance Office began business, and in 10 years issued 20,000 policies, insuring about 130,000,000, an enormous sum in those days. "Telegraphed" and "Daily Telegraph," the London edition, were used by Nelson, Wellington and Napoleon. To C. T. Brock and Co., the freemasonry manufacturers, belong the medals which were made for an illegal trade for 155 years, first work making not being actually legal till 1875.

High Tariff Walls

Action Of U.S. Proves a Severe Blow To Canadian Agriculture

The exports from Canada to the United States of principal commodities, such as are produced on Canadian farms, and manufactured directly from such farm products, during the month of May amounted in value to \$2,254,340, as compared with \$1,237,540 in May, 1930, and \$3,604,898 in May, 1921, according to the Dominion Bureau of Statistics.

The high tariff walls erected by the United States, culminating in the Hawley-Smoot tariff in June, 1930, were a severe blow to Canadian agriculture, making the export to that country of many commodities practically impossible.

During the eleven months ending May, 1932, the export of such commodities to the United States totalled \$3,432,426, as compared with \$4,078,130 in the same period of 1929-30, and \$17,492,982 in the eleven months ending May, 1921.

With a duty of 42 cents per bushel on wheat, the export of Canada's chief agricultural product to the United States declined from \$1,051,050 in the eleven months of the little 1920-21, to \$2,490,718 in 1931-32. Three cents per pound on beef cattle has caused a drop from \$2,182,824 to \$617,745.

Three dollars a head on sheep brought the export down from \$1,665,213 to \$426. Butter at 14 cents per pound fell from \$2,289,221 to \$145,946, flaxseed at 65 cents per bushel from \$4,763,311 to \$379,700, potatoes at 12 cents per 100 pounds from \$4,557,031 in eleven months of 1929-30 to \$450,949, hay at \$5 per ton from \$2,369,295 to \$113,970, etc. Other lower prices have also had some effect upon the values.

Internally and Externally It Is Gossip. The crowning property of Dr. Thomas' Electric Oil is that it can be used internally for many complaints, as well as externally. For sore throat, croup, whooping cough, and the chest, colds, and many kindred ailments it has qualities that are unsurpassed. A bottle of it costs little and there is no loss in always having it at hand.

Evidently Not Known

The case came before a London coroner the other day of a man who "with an income of nearly £3,000 a year, had not a friend in the world." The man was a general contractor, that he had an income of nearly £3,000 a year.

And now it is reported crocodiles do not cry. Next thing we know someone will muster enough courage to declare there is no such thing as a thing as a weeping willow.

Food loses no nutritional value in canning, scientific experiments indicate.

Using Planes in Stampede

Wild Horses To Be Rounded Up From Air

Klamath Falls, Ore., plans the mightiest wild horse drive—from the air. Three airplanes will dip low over the plateau and pass, set the wild bands running, head them at the turns and finally stampede 2,000 of them. It is expected, into a gigantic stampede in the lowlands. The first stallions and mares, it is promised, will be allowed to escape again to the hills but the rest of that vast catch will be slaughtered—for chicken feed. The automobile could replace the horse in man's heart, but not even the auto could chase him off the map. Only thunder-birds swooping down from the sky can bring extermination to those wild, fleet, liberty-loving Mustangs—can stampede them into poultry bait.—Christian Science Monitor.

Muskeg Has Its Use

Possibility It May Be Manufactured Into Wall Board

Muskeg, the moss-like substance that covers thousands of miles of Canada's treeless north country, has at last found a use. An inquiry recently received by the Board of Trade at The Pas, Manitoba, may lead to a trainload of muskeg being shipped to Brampton, Ontario, for use in the manufacture of wall board. Sitting in the midst of millions of tons of muskeg, long beloved values, officials of the board were amazed when they received a letter asking about the possibility of buying a dozen carloads or so. Negotiations are now under way for shipment and the Board of Trade is looking into the possibility of getting a factory to locate there and use the material.

Asthma Brings Misery, but Dr. J. K. Kellogg's Asthma Remedy will replace the misery with welcome relief. Inhaled as smoke or vapor carries off the very intensest recesses of the lungs. If you have asthma, try this remedy would help you as do thousands of grateful users, there would be a package in your home tonight. Try it.

Treachorous Police Dogs

Bringing These Animals Into Canada Looks Like Mistake

The Straits of Beauchamp in connection with a case of a lad of six being bitten in Toronto by a police dog, observers of the breeders of dogs in this country are making a mistake to bring this dog to Canada. It has not the background and tradition of the Collie, the bulldog, the setter, St. Bernard, Newfoundland or any of the other well-known breeds of dogs to which we are accustomed. The police dog is a wild animal, and altogether in the sense that he cannot be trusted not to take a bite at any moment. The breeding of these dogs should be discouraged, especially for city life.

The Man Who Walks

Cannot Afford To Relax Vigilance For A Moment

It must be admitted that the pedestrian today has a grievance. He must go about his lawful occupations, his society is to exist, and to do that he must frequent the streets and roads. Yet he is nowadays condemned to do so at the peril of being killed or maimed if he should be guilty of one error of judgment or one lapse of vigilance. He must live in a jeopardy comparable to that of the troops in the front-line trenches during the War—Morning Post, London, Eng., London.

Douglas' Egyptian Liniment, altho' it is a very potent and powerful remedy, bleeding instantly. Cauterizes wounds and prevents blood poisoning. Spies out for muscular rheumatism.

Two poems and a complete story including altogether 8,100 words, have just been written on the two sides of an ordinary postcard. This record so far has been performed by a resident of Munich, Germany.

It cost nearly \$125,000 to supply London with water the last 13 months.

Sick From Heat

"Baby's Own Tablets are excellent for children's summer complaints," writes Mrs. M. E. Conroy, Bradford, Ont. "I had all children's troubles for summer complaints," writes Mrs. Geo. Walker, Equally effective for teething, fever, colic, and all other ailments. Pleasant as candy—and absolutely safe. 35c. per bottle.

Dr. Williams' BABY'S OWN TABLETS

Your Children will thrive on Christies pure Arrowroots



For the tiniest babies... for older children... for growing boys and girls... there is nothing more delicious and nourishing than Christie's Arrowroots. No substitute is good enough.

Christie's Arrowroots

"Best for You and Baby Face"

Mosaic Panel Depicts Christ Of Bread and Two Fishes

A fourteenth-century church, built during the reign of the Emperor Constantine the Great, has been uncovered near Tiberias, on the way to Capernaum. This church commemorates the miracle of the loaves and fishes, performed by Jesus on the shores of the Sea of Galilee, and the actual scene said to have figured in the Gospel narrative as the boulder on which He stood has also been found in the centre of the church, where presumably lay beneath an altar. Behind the stone a wonderfully depicted mosaic panel was found depicting in vivid black, red and yellow a basket, several loaves of bread, and two fishes. Although buried beneath dust and rubble for about 1,600 years, and only a stone's-throw from the sea, the mosaic shows no signs of erosion, and the colors are well preserved.

Good Service For Citizens

Toronto Health Department Furnishes Tablets To Purify Water

A notice published in Toronto papers says that free tablets for the purification of water can be obtained from the city health department by any citizen. These tablets are recommended for those going on picnic or on camping trips who have no access to the city's water supply. The tablets will purify water and make it fit for drinking in a few minutes. That is a useful service for any city to give its people. People who go away and who use water of which they know nothing at all are running risks, and a tablet which will eliminate this risk is a friendly thing and a good travelling companion.

Miller's Worm Powders are sweet and palatable to children, who show no hesitancy in taking them. They will certainly bring worm troubles to a speedy end. They are a strengthening and stimulating medicine, correcting the disorders of digestion, the worm cause and imparting a healthy tone to the system most beneficial to development.

Game Fish In North

Transferring Speckled Trout Along Hudson Bay Railway Line

There is a possibility that game fish of the speckled trout variety, which are transported from the west along the Hudson Bay Railway to the Clearwater Lake summer resort and placed adjacent waters by airplane or tank car, so the lakes may be stocked for sportmen.

E. H. Stevenson, inspector of fishery in the Government, is a recent week-end engaged in making a survey of the brooks along the bay line. It is his intention to pick out suitable places for the capture and keeping of fish until transferred to other waters.

Reducing Coffee Surplus

Slightly more than 263,000 sacks of coffee were destroyed by the Brazilian government in a recent week. This brings the total destroyed since policy of reducing the surplus production was adopted to 7,973,396 sacks.

With good management there is still money in farming. Fifty years ago an Ontario farmer paid \$500 for corn and last week he sold it to a golf syndicate for \$550.

Schoolboy's essay: "The defendant's lawyer made a motion for a change of menu."

W. M. U. 1550



Bow Valley Resource
Independent.

Published every Thursday morning at Arrowwood, Alberta.

Subscription—\$2.00 a year in Canada, \$2.50 in the United States.

Advertising rates furnished on request.

All advertising and changes of copy must be in our hands by Wednesday noon.

Correspondence for publication must bear the writer's signature, not necessarily for publication. We do not necessarily endorse the opinions of our correspondents.

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Church

Rev. V. M. Gilbert, Minister

Sunday July 17

11.00 a.m. — Church School.

11.45 a.m. — Morning Worship

Rev. W. C. Lyle will speak

We invite you to worship

with us

Sunday at the Church
of the Brethren

Rev. Homer Cuskey, Pastor

Sunday, July 17,

10.30 a.m. — Sunday School.

11.30 a.m. — Morning

8.00 p.m. — Evening Worship

Rev. W. Beam will preach

morning and evening.

Everybody Welcome

E. D. ARCHAMBAULT

Barber - Arrowwood

Patronize Home Industry and

Keep the Money in Our

Own Town

Arrowwood Barber Shop

Want Adv'ts

Advertisements under this heading are charged for at the rate of 50c for 25 words or less per week with 10c for each additional 5 words. Three weeks for the price of two.

WANTED—News from each point in the district—community, church or school.

Lost—Truck License No. T-7710. Finder please return to L. F. Christensen.

Hail!

A few dollars invested now in protection against a hail storm may mean a great deal to you. Think it over and see me before it is too late. Omer Larsen, Agent.

TRAIN SCHEDULE AT
GLEICHEN

No. 1 Westbound	4.20 p.m.
No. 3 Westbound	5.54 a.m.
No. 2 Eastbound	3.45 a.m.
No. 4 Eastbound	6.35 p.m.

Dinner Set
42-piece

In Pretty Pattern and Latest Style

Only 2 Sets at this Price

\$10.75

L. H. Phillips

HARDWARE

Arrowwood - Alberta

Happenings In and
Around Arrowwood

Mrs. L. H. Irwin is visiting with friends in Oregon.

Mrs. Vera Hasketh returned Sunday from a week's visit at the L. H. Irwin home.

Born—On Friday, July 8th to Mr. and Mrs. R. W. Towich a son.

Mrs. Sylvia Alabott, of Gleichen, is visiting at the home of Miss Grace Irwin.

Mrs. Ellis and daughter Beth were Sunday visitors in Champion.

Dr. and Mrs. E. J. Leisemer and daughter Norma spent Sunday at Carstairs.

Mr. R. R. Saunders is at present enjoying a visit from his mother of Okotoks.

Mr. Archie Harrison, of Carleton Place, is assisting Mr. Christensen in the store during the holidays.

STOP! Now is the time to look over your binder and combine canvases. Bring them in early and avoid the rush. C. L. Archambault.

Mr. and Mrs. A. Robson of Lethbridge spent a couple of days last week visiting at the home of Mr. and Mrs. R. N. Moir.

King C. Gillette, inventor of the Gillette Safety Razor, died last Saturday at Los Angeles at the age of 77 years.

Mr. and Mrs. G. Burrell of Altario, Alta., who have been visiting the latter's sister, Mrs. G. H. Duncan, left yesterday for their home.

Bob Hales reports very satisfactory results from the hopper poison they put out last week and states that as a result of a few hours' work the hopper damage to their late crop has been checked.

J. B. Hursch of Beaver Lodge arrived in Arrowwood last week to take over the management of the Pioneer Grain Co. elevator at this point. Mr. Hursch is having the elevator residence redecorated and expects to have his household effects forwarded to Arrowwood next week.

Owing to an insufficient number of registrations, there will be no boys camp this year. All arrangements had been made for boys of 12 years or over, to go into camp the day after the girls' camp broke up but as it is necessary to have at least 20 registrations L. F. Christensen, business manager, had to report the number was far short of the minimum and was forced to cancel all arrangements.

"Winnipeg—Grasshoppers by the billion, mile upon mile of the big-bodied, crawling, leaping insects, tangled to form a vast brown and green blanket of inches deep, delayed a passenger train in southwest Manitoba last week." This is in Manitoba but it is what this district will be up against next year if they are not kept down by poison this year.



Sales and Service, H. Anderson, Arrowwood

Miss Beth Ellis left Tuesday for Farrow where she will spend a few days with friends.

Grace and Freda Board are visiting at the home of W. G. Parish.

Mr. E. Ross, of the Bank of Nova Scotia, staff, left on Sunday for Nanton where he will spend his holidays.

Mr. A. Johnstone, grain buyer at Hairy Hill, Alta. is visiting with his sister Mrs. N. Nissen.

Last Thursday Erwin Scott was visited by his mother, Mrs. D. Scott of Vulcan and his aunt Miss M. Dods of Creston, B.C.

On Tuesday, at the Calgary Stampede, Jack Roberts tied with two other riders for fourth place in the Canadian Championship bucking horse riding with saddle.

The Catholic Ladies' Altar Society met at the home of Mrs. D. McInenly on Tuesday, July 13th. Seven members and one visitor were present. After the meeting the hostess served a delightful lunch.

Miss Ruby Hall, having won the highest aggregate of points for girls in the School Fair last fall, left on Friday for Olds, where she will spend a week at the Agricultural School.

Norman Earl left on Friday for Olds, where he will attend the Agriculture School for a week. He is taking the scholarship course for winning the greatest aggregate of points in the School Fair here last fall.

Mr. F. B. Dettler and wife arrived recently from La Verne, Cal., and will remain here for the summer months to look after his large farm interests. They have taken house-keeping rooms in Mrs. Jane Beagles house.

Mr. and Mrs. L. H. Traxler and son Howard, of Purple Springs, arrived in Arrowwood Tuesday afternoon. They are visiting at the home of Mr. and Mrs. C. G. Taylor and other old friends in town.

Mr. and Mrs. A. C. Moir who have been visiting the former's brother, Mr. R. N. Moir returned to their home at Stettler on Tuesday, where Mr. Moir is C. P. R. station agent.

Many points throughout Alberta are reporting a great deal of damage to gardens by the Beet Web Worm. These worms have visited a few gardens in Arrowwood, but fortunately without extensive damage. An inspection of the gardens in Arrowwood would suggest that the owners are trying to live up to our genial station agent's slogan: "No weeds no worms."

The appearance of the front of L. F. Christensen & Co. store has been greatly improved by the application of fresh paint. The color scheme makes the store front very attractive. Mr. Christensen is a member of the Associated Grocers Limited, an organization of independent grocers numbering some 98 stores in Alberta. All the members of the association are having their stores decorated with the same color scheme.

Rev. W. C. Lyle will preach in the United Church Sunday.

Mr. and Mrs. G. G. Smith and son Clifford were visitors at Stavelo, on Sunday.

The W. I. Conference will be held at Mossleigh on Tuesday, Aug. 2nd.

Mary, Neil, Carl and Annie Dunks left last Thursday for Lunenburg, Alta., where they will spend their holidays.

A considerable number from Arrowwood and district attended the opening of the Calgary Stampede on Monday. The big parade was the attraction.

Chas. Johnson, Mrs. McKinney and Miss I. Hornby left Saturday for Red Cliff on a visit, returning home Monday evening.

Rev. W. and Mrs. W. Beam, Missionaries in Africa, home on furlough, are visiting with the latter's sister, Mrs. E. C. Bowman.

Carol, Eileen and Boynton Christensen, accompanied by Dorothy Vanehl, left Sunday for a motor trip to Ravensburg, Sask., where they will spend a two-weeks' holiday.

Fred Androsoff and Sam Samarodoff, two of the leading farmers of the Mossleigh district, were Bassano visitors on Tuesday and called on Arrowwood friends en route.

The pulpit in the Church of the Brethren next Sunday morning and evening will be occupied by Rev. Wm. Beam, Missionary from Africa home on furlough.

Mr. and Mrs. Lawrence Larsen are looking forward to a visit from their two daughters, the Misses Iva and Addie Larsen, who are driving through from Fargo, N. D., accompanied by Walter who has been attending Fargo High.

The regular meeting of the U.F.W.V. was held at the home of Mrs. F. E. Bell on Thursday afternoon, July 7th, with sixteen members and four visitors present. An invitation was received from the Barrywater Local, inviting the Arrowwood Local to be their guests on Wednesday, July 20th. Mrs. McInenly and Mrs. C. Journey were hostesses.

Fike's Dairy

Fresh Cream and Milk
Delivered at
Your Door Daily

P. L. FIKE

Arrowwood Bakery

Patronize Home Industry—Use
Home-made Bread
Always Fresh—Baked Every Day
BROWN and WHITE BREAD

T. S. Board, Prop.

Clocks, Watches, Spectacles,
Sewing Machines

Typewriters and Gramophones
Cleaned and Repaired by
an Expert workman with
40 years' experience in
Factories, Etc.

If you are contemplating the purchase of a new watch, see me before doing so.
A. ANDERSON
 Jeweler Arrowwood

Teeth and Health

(Continued from page 1)

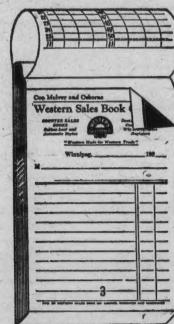
years of growth, the teeth will be of poor quality and will not likely be healthy in spite of the care which may be given to them later.

This does not mean that the teeth are to be neglected. The best teeth are the results of proper food and regular cleanliness. Even poorly built teeth benefit by the regular use of the tooth brush.

The tooth brush should be used after each meal to remove particles of food remaining about the teeth. These particles remaining in the mouth decay and ferment and so lead to the damage of the enamel. This can and should be avoided. The most important time to clean the teeth, the time which should never be neglected, is after the evening meal before retiring.

The health of the teeth and of the gums has a very direct influence upon the general health. The presence of a small amount of pus at the root of a tooth, the result of the activity of some germs, may be responsible for serious conditions arising in other parts of the body. The tooth may look healthy, even though it has hidden in its root this collection of poison. Your dentist will if you give him the opportunity by regular visits to his office, detect and correct such conditions before they can do harm.

Healthy teeth can be secured and kept healthy by eating the right kind of food; by regular cleaning and periodic dental supervision and treatment when required. In this way not only will the health of the teeth be cared for, but the general health of the body will be assisted and protected against the serious menace which arises from diseased teeth.



Let us order your
COUNTER CHECK BOOKS
Come in and see our
samples

BOW VALLEY RESOURCE
Arrowwood

WAGIN' TUNG

Vol. 1, No. 48 Arrowwood, July 14, 1932 Items for Thor

Those Roads Again

There is a considerable amount of money being spent on the roads and Arrowwood is being favored with having some good graded highways leading into our city, but when you enter the city limits, unless you drive very careful, you are liable to go through the roof of your car. Why not keep up our end of this work and let us get out of the rut?

Without a doubt you are going to need some repairs for your harvesting machinery. Have you made your wants known so that we may have them here when you want them. The uncertainty of not knowing what will be needed, may find you out of luck when you come in for a repair, as the present conditions do not warrant a heavy stock.

the automobile is replacing the horse everywhere these days.

A negro called at the hospital and said: "I called to see how much friend Joe Brown was getting along."

The nurse said, "Why he's getting along fine, he's convalescing now."

"Well," said the darky, "I'll just sit down and wait till he's through."

Hard times are changing even to the things that we eat. The waiter was called and asked why a piece of rubber tire was found in the hash.

"I really don't know sir," he replied, "except that

Those who used Holland Twine last year will be using it again. If you did not use Holland Twine last season there will be a no better time than the present to place your order for this high quality twine and be assured of being supplied.

Good Equipment Makes a Good Farmer Better
Larsen Implements
"House of Service"
ARROWWOOD and MOSSELEIGH